

## IMPROVING THE LIVES OF COUNTLESS CHILDREN AND ADULTS

ABT-Advanced Brain Technologies, the creators of iListen, are the developers of innovative brain training products that maximize human potential.

Our products are improving the lives of countless children and adults. By training brain function at its core, it allows us to address diverse issues such as memory, listening, sensory processing, brain longevity, peak-performance and more.

We have organized an expanding global team of multidisciplinary specialists applying over 30 years of clinical experience. The ABT team combines advances in neuroscience, psychoacoustic and music research with recent developments in the field of brain plasticity, the brain's natural ability to change itself.

ABT created its exclusive recording label, ABT Music®, to focus on the company's unique approach toward researching, selecting, arranging, recording, editing, mastering and clinically testing high-quality acoustic music. ABT Music invests continually in research and development at its state-of-the-art production facilities to produce award-winning music for the benefit and enjoyment of listeners.

Current products include professionally administered therapeutic products: The Listening Program®, Spatial Surround® HD, and iListen™, as well as interactive software and music programs: BrainBuilder®, Sound Health®, Music for Babies™, and Shelly's Interactive Computer Learning Series™.

 **ABT** ADVANCED BRAIN  
TECHNOLOGIES  
5748 South Adams Avenue Parkway  
Ogden, Utah 84405



### iListen REGISTRATION

To receive service or warranty support, you must register your iListen within 30 days of purchase. Go to [thelisteningprogram.com](http://thelisteningprogram.com) and click on the "TLP Listener Resources" button located on the home page. Then select "iListen Registration" and complete the form.

### WARRANTY

The iPod® includes a one year warranty directly from Apple, Inc.

### DISCLAIMER

The programs on iListen have not been reviewed by the Food & Drug Administration (FDA). The programs on iListen are not intended to diagnose, treat, cure, or prevent any disease.

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FOR ADDITIONAL INFORMATION OR SUPPORT, PLEASE  
CONTACT YOUR PROVIDER:

*Quick Start Guide*

Visit us online at [www.thelisteningprogram.com](http://www.thelisteningprogram.com)

 **ABT** ADVANCED BRAIN  
TECHNOLOGIES

CONNECTING YOUR UNIT



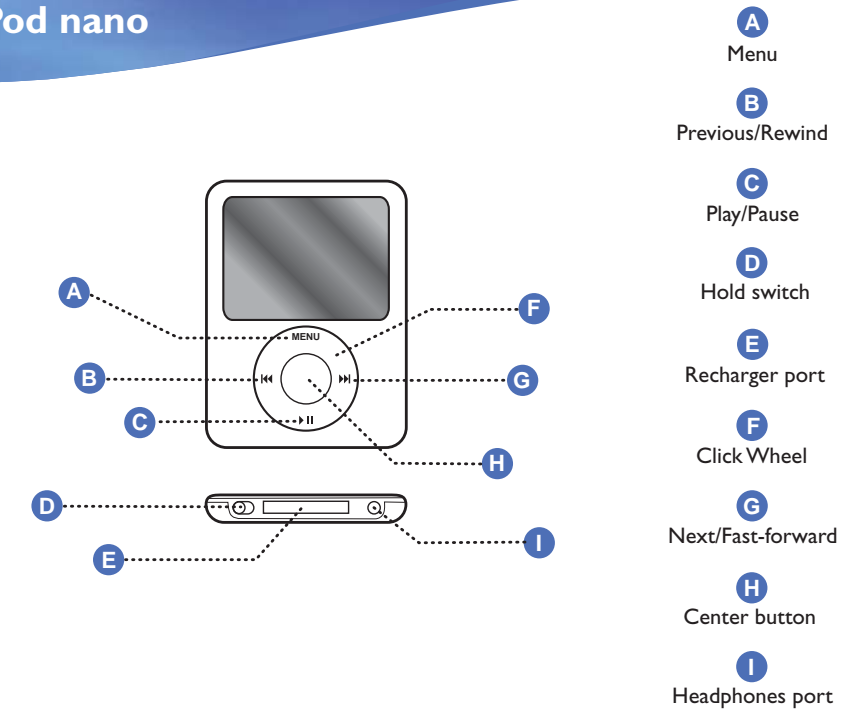
**I** To connect iPod to Headphones: Connect the Headphones cable to the Headphones port on the iPod.

PLAYING A PROGRAM

1. Unit is connected.
2. Push MENU on the iPod Click Wheel. Make sure iPod nano is not on HOLD.
3. Select MUSIC. Choose your selection by lightly moving your thumb around the Click Wheel and clicking the Center Button on the iPod.
4. Select COVER FLOW and click the Center Button on the iPod.
5. Choose an ALBUM by lightly moving your thumb around the Click Wheel and clicking the Center Button on the iPod.
6. Select a MODULE from the list and click Center Button on the iPod. Module will begin to play.
7. Adjust iPod volume by moving your thumb around the Click Wheel.

**WARNING! DO NOT** attempt to connect the iPod to your computer or file loss may result. Neither Advanced Brain Technologies nor its Providers is responsible for loss of files. This unit is equipped with copy protection. Do not attempt to copy files from iListen.

**NOTE:** To re-charge the iPod, please use the AC Power Recharger included in the iListen package.



TO	DO THIS
Turn on iPod nano	Press any button.
Turn off iPod nano	Press and hold Play/Pause.
Turn on the backlight	Press any button or use the Click Wheel.
Go directly to the main menu	Press and hold Menu.
Change the volume	From the Now Playing screen, move your thumb around the Click Wheel.
Place iPod nano on HOLD (Disable iPod buttons to prevent accidental volume increases and control function mishaps while listening)	Slide the Hold switch to HOLD. An orange strip will appear when the iPod is on HOLD.
Re-charge iPod nano	Connect AC Power Recharger.
Reset, "unfreeze" an iPod nano that does not respond, won't turn on, or remains blank	Check the Hold switch to make sure it's not on HOLD.  Check your battery to make sure it is charged.  Slide the Hold switch to HOLD and back again. Then press the Menu and Center buttons at the same time until the Apple logo appears, about 6-10 seconds.
Service your iPod nano	Complete the online iPod request form found by selecting the Support tab at the top of apple.com. You can also take your iPod to an Apple retail store or an Apple Authorized Service Provider.

**PROTECT HEARING!** To protect your hearing health, the maximum volume level of the iPod has been pre-set and locked by ABT. To change this setting, please contact your Provider.