

THE
LISTENING PROGRAM®

iListen™ TLP LEVEL ONE
BASE SCHEDULE LISTENING LOG

Name: _____

Cycle: _____

Person Recording: _____

SCHEDULE – Two modules per day, five consecutive days per week for ten weeks. Each ALBUM is used for one week.

TLP Level One ALBUM	WEEKS									
	1	2	3	4	5	6	7	8	9	10
1 - FS	■									
2 - FS		■								
3 - SI			■							
4 - SI				■						
5 - SL					■					
6 - SL						■				
7 - HS							■			
8 - HS								■		
9 - HS									■	
10 - HS										■

CYCLE I	Date	Day	Time(s)	Module	Notes
Week 1 ALBUM TLP Level One 1 - FS (Full Spectrum)		Monday		1	
				2	
		Tuesday		3	
				4	
		Wednesday		1	
				2	
		Thursday		3	
				4	
		Friday		1	
				2	
Week 2 ALBUM TLP Level One 2 - FS (Full Spectrum)		Monday		1	
				2	
		Tuesday		3	
				4	
		Wednesday		1	
				2	
		Thursday		3	
				4	
		Friday		1	
				2	
Week 3 ALBUM TLP Level One 3 - SI (Sensory Integration)		Monday		1	
				2	
		Tuesday		3	
				4	
		Wednesday		1	
				2	
		Thursday		3	
				4	
		Friday		1	
				2	
Week 4 ALBUM TLP Level One 4 - SI (Sensory Integration)		Monday		1	
				2	
		Tuesday		3	
				4	
		Wednesday		1	
				2	
		Thursday		3	
				4	
		Friday		1	
				2	

Name: _____

CYCLE I	Date	Day	Time(s)	Module	Notes
Week 5		Monday		1	
				2	
		Tuesday		3	
				4	
		Wednesday		1	
				2	
		Thursday		3	
				4	
		Friday		1	
				2	
Week 6		Monday		1	
				2	
		Tuesday		3	
				4	
		Wednesday		1	
				2	
		Thursday		3	
				4	
		Friday		1	
				2	
Week 7		Monday		1	
				2	
		Tuesday		3	
				4	
		Wednesday		1	
				2	
		Thursday		3	
				4	
		Friday		1	
				2	
Week 8		Monday		1	
				2	
		Tuesday		3	
				4	
		Wednesday		1	
				2	
		Thursday		3	
				4	
		Friday		1	
				2	
Week 9		Monday		1	
				2	
		Tuesday		3	
				4	
		Wednesday		1	
				2	
		Thursday		3	
				4	
		Friday		1	
				2	
Week 10		Monday		1	
				2	
		Tuesday		3	
				4	
		Wednesday		1	
				2	
		Thursday		3	
				4	
		Friday		1	
				2	